

Apostolate Letter – March 2010

My Brothers and Sisters:

Welcome to the Season of Lent - a time when we recall our baptism by which we became the children of God and when we develop the spirit of repentance. On the First Sunday of Lent the Church set before us three Christian practices - prayer, fasting, and good works.

On an occasion when a journalist was interviewing Mother Theresa the journalist told Mother that if the Sisters just think of all the more good work they could do if they spent less time in prayer. It is said that Mother Theresa's reply was, "If they didn't spend as much time in prayer as they do, they would not be able to accomplish the work they do."

March 5th is the World Day of Prayer, a day on which to reflect on the fact "that prayer and action are inseparable and that both have immeasurable influence on the world." This was the purpose for establishing the World Day of Prayer.

This year the theme is "*Let everything that has breath praise God.*"

In case you did not know - more than 16 million people in 170 countries will take part in the World Day of Prayer.

For those who are sick or home-bound, you can unite yourself with the vast choir of voices in your silent way during Lent – "Your Father who sees in secret, will reward you."

May God bless you in this holy season!

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INTENTIONS FOR THE MONTH OF MARCH:

General: That the world economy may be managed according to the principles of justice and

equity, taking account of the real needs of peoples, especially the poorest.

Mission: That the Churches in Africa may be signs and instruments of reconciliation and justice in every part of that continent.

Diocesan: That the season of Lent may be a special time to reflect on the love the Father has

for us, that he calls you His children.

God bless you!

+ David J. Monroe

Bishop of Kamloops