

## PRAYERS

Nine Days for Life (USCCB) <https://www.usccb.org/resources/9-days-2021-print-eng.pdf>

Novena for the Cause of Life in Canada <https://www.kofc.org/en/news-room/faith-response/novena-for-the-cause-of-life-in-canada.html>

Prayer for Life of St. John Paul II

O Mary, bright dawn of the new world, Mother of the living, to you do we entrust the cause of life. Look down, O Mother, upon the vast numbers of babies not allowed to be born, of the poor whose lives are made difficult, of men and women who are victims of brutal violence, of the elderly and the sick killed by indifference or out of misguided mercy. Grant that all who believe in your Son may proclaim the Gospel of life with honesty and love to the people of our time. Obtain for them the grace to accept that Gospel as a gift ever new, the joy of celebrating it with gratitude throughout their lives and the courage to bear witness to it resolutely, in order to build, together with all people of good will, the civilization of truth and love, to the praise and glory of God, the Creator and lover of life.

Prayer for Year of St. Joseph (Pope Leo XIII in his 1889 encyclical, *Quamquam Pluries*)

To you, O blessed Joseph, do we come in our afflictions, and having implored the help of your most holy Spouse, we confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities.

O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven. Amen.

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### **Prayer for Life - of St. John Paul II**

<https://aleteia.org/2018/10/13/prayer-of-john-paul-ii-for-the-protection-of-life-in-all-stages/>

**Physicians Way of the Cross:** <https://www.usccb.org/.../pro-life-rosary-prayer-intention>  
<https://www.cwl.ca/wp-content/uploads/2017/02/A-Physicians-Way-of-the-Cross-Brochure-pdf.pdf>

**The Way of the Cross Today:** <https://slmedia.org/blog/the-way-of-the-cross-today-reflections-on-suffering-in-sickness-and-dying>

### **Pro Life Meditations on the Mysteries of the Rosary** by Fr. Frank Pavone

<https://www.priestsforlife.org/prayers/Rosary.aspx>

## **THE LIFE ROSARY - THE POWER OF PRAYER**

The rosary, a meditation on the life of Our Lord and His Blessed Mother, has been a powerful instrument of prayer down through the centuries. The meditation series used in here focuses on the need to pray to end abortion at the abortion, euthanasia and assisted suicide in our province, our country and throughout the world.

Countless testimonies have been recorded of babies saved due to the presence of people reciting the rosary at the location of the abortion.

One woman reported to a pro-life counsellor months later that she had approached an abortion facility, determined to have an abortion. She was in the second trimester of her pregnancy. As she crossed the sidewalk, approaching the door, she felt her baby kick within her womb. She looked up at the same moment to witness an older woman walking up and down, praying the rosary. She later told the pro-life counsellor that at that moment she knew what she was about to do was wrong. She left the clinic and went home. She chose to keep and love the precious life God had given to her.

As we pray the rosary across from the hospital during Choose Life 40 Day Prayer Vigil, we might never know that our presence helped a mother choose life, but babies are saved every day by this faithful prayer to God.

## **THE LIFE ROSARY**

Christ's walk to Calvary to save us.

In following Our Lord's example of love for all people, we walk and pray to save the lives of precious, innocent babies, of those drawn to euthanasia or assisted suicide! We recite the following prayer before we begin the rosary.

"They have pierced my hands and my feet; I can count all my bones" (Ps. 22:17-18)

Father, we come to this place as to a new Calvary. We wish to stand here with Mary and those others who stood by the cross of Jesus the day He sacrificed Himself for us sinners. We firmly believe the sorrowful scene in Canada and throughout the world today is nothing less than a re-enactment of Jesus' suffering and death, already anticipated in the massacre of the Innocents of Bethlehem and repeated in the slaughter of the tiny children who die from abortion, the vulnerable who choose or are coerced into euthanasia and all those who are involved in their deaths.

O Father, we realize that we cannot stop the killing of most of these people, any more than Mary could have stopped the slaying of her child that day. We unite our hearts with hers in faith and grieving love and humbly adore Your divine purpose in allowing such bloodshed. We offer you the blood of Jesus and, mingled with it, the blood of those dying, our medical professionals and our whole society. Please remember Jesus' own prayer from the Cross with its echo in Mary's heart: "Father, forgive them for they know not what they do."

But perhaps the hour has not yet come for some of them. Once You told Joseph to take the Child and His mother far from those seeking the Child's life. We offer ourselves to You as Saint Joseph's helpers, ready to do everything we can for our beloved Jesus and Mary in the person of any child, mother, misguided and vulnerable person that You entrust to our care and prayer.

Dear Father, accept this prayer in the name of Jesus. Amen.

The meditations of the 15 decades of the rosary:

## **THE JOYFUL MYSTERIES**

### **Annunciation**

May all mankind respond to the grace of God. We pray that we will always accept the will of God as Mary accepted the will of God, in faith and obedience. We ask that all expectant women be able to feel the peace and love of Our Lord and accept the new life within them.

### **Visitation**

May we always respond to mothers and mothers-to-be in love and faith as Mary did when she went to help Elizabeth, who also was with child. May our example of love by our presence here encourage women to choose life.

### **Birth of Christ**

We pray that we always see the infant Jesus in every child to be born, and that every woman approaching an abortion clinic will feel your love, Lord and choose life. From the time Jesus began His journey on earth to the day He gave His life for our salvation, He showed us how to pray and love others. May we be there for expectant mothers in their time of need with prayer and love, as St. Joseph protected Mary.

### **Presentation**

As Mary and Joseph showed obedience to Jewish law, let us be obedient to God's law and always respect life at every stage. Give us the strength to speak out in defence of the small babies about to be aborted, the elderly and vulnerable people tempted by euthanasia and assisted suicide.

### **Finding the Child Jesus in the Temple**

As Mary and Joseph rejoiced after finding Jesus in the Temple, let those who have been lost to God be found. Lord, even as a small boy, You showed us that we too must be about Our Father's business. We pray we will always be willing to help those who have become lost.

## **THE SORROWFUL MYSTERIES**

### **The Agony In the Garden**

"Could you not watch one hour with Me?" Our Lord asked of his apostles in the garden. Give us the strength to watch and pray one hour for those about to die. Let our presence here give people the strength to choose God, and choose life.

### **The Scourging At the Pillar**

As Christ was scourged, His skin was torn. The pain was like a thousand knives. How like the pain of an abortion. By Your suffering, Lord, we ask that these babies be saved from a terrible death. Let all mothers feel the love You have for each of them.

### **The Crowning With Thorns**

As the soldiers mocked You and crowned You with thorns, You loved them. Give us the strength and wisdom, Lord, to follow Your example. Let us not fear what others say. Let us follow only Your word. Let us love and care for all people. We ask for an increase of the gifts of humility and spiritual courage.

### **The Carrying of the Cross**

May all mothers know that no matter how heavy their cross seems to be, that You are there Lord, helping them carry it. We pray that every mother knows that as You fell three times, You are there for them, when they fall. You will lift them into Your arms. You are there with each child carried in the womb.

### **The Crucifixion**

Lord, we ask to always remember Your words, "Father, forgive them for they know not what they do." Give us the grace to pray for those who reject You. Let us never turn away from those perform abortions, euthanasia, and suicide and those who advocate, promote or acquiesce legislation and accessibility to the culture of death. Let us be Your disciples and pray for their conversion as well as our own.

## **THE GLORIOUS MYSTERIES**

### **The Resurrection**

Lord, You are the Resurrection and the Life. After Your agonizing death on the cross, You rose on Easter Sunday. You spoke to Mary with such love and tenderness. We pray that people seeking death will feel the same love and tenderness from those who advocate the culture of life. Let every mother carry Your words in her heart. "Peace be with you...Be not afraid."

### **The Ascension**

As we follow the example of Our Lord each day, we hear His words, "Know that I am with you always, even to the end of the world." We pray that we will always have the courage to be His disciples and show His love for all people by standing in defence of life. We pray that all family, friends and loved ones of mothers, vulnerable and elderly will feel the presence and strength of Our Lord each day.

### **The Descent of the Holy Spirit**

Give us strength and courage, O Holy Spirit, to follow the example of the apostles. Though they were fearful, You filled them with faith and courage. Jesus, through Mary, the spouse of the Holy Spirit, we pray for a new Pentecost today, that all people will be filled with the fire of Your love and the faith to accept Your Will.

### **The Assumption**

Most chaste and gentle Mother, be always our model for purity and humility. Mary, most pure and gentle virgin, let us desire only the will of the Father. Help us not to seek rewards on this earth for Heaven is the greatest reward. We seek only to dwell in the house of the Lord, all the days of our life.

### **The Coronation**

We join Our Lady in prayer, as She and all the angels praise God continually. "A great sign appeared in the sky, a woman clothed in the Sun, with the moon at her feet, on her head a crown with twelve stars. She will crush the head of the serpent."

## **PRAYERS OF THE ROSARY**

### **The Apostles' Creed**

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, Our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell; on the third day He arose again from the dead; He ascended into heaven, and is seated at the right hand of God, the Father Almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

### **The Lord's Prayer**

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy

will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

### **Hail Mary**

Hail Mary, full of grace! The Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

### **Glory Be to the Father**

Glory be to the Father, the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end . Amen.

### **Fatima Prayer**

O, My Jesus

O, my Jesus, forgive us our sins. Save us from the fires of hell and lead all souls to heaven, especially those most in need of Thy mercy.

## **PRAYERS FOLLOWING THE ROSARY**

### **HAIL, HOLY QUEEN**

Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy towards us, and after this our exile, show unto us; the Blessed Fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

V. Pray for us O Holy Mother of God R. That we may be made worthy of the promises of Christ.

Let us pray: O God, whose only begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal salvation. Grant, we beseech Thee, that while meditating on these mysteries of the most holy Rosary of the Blessed Virgin Mary, that we may imitate what they contain and obtain what they promise, through Christ Our Lord. Amen.

Most Sacred Heart of Jesus, have mercy on us.

Immaculate Heart of Mary, pray for us.

### **MEMORARE**

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help or sought thy intercession, was left unaided. Inspired with this confidence, we fly to you, O Virgin of virgins, our Mother; to thee do we come; before thee we stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not our petitions, but in thy mercy hear and answer them. Amen.

### **PRAYER TO ST. MICHAEL**

St. Michael the Archangel, defend us in battle; be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do thou, O Prince of the Heavenly Host, by the power of God, cast into hell Satan and

all the other evil spirits, who prowl the world, seeking the ruin of souls, Amen.

**PRAYER OF INTERCESSION**

Thank you, Lord, that I am fearfully, wonderfully made. Seek out, Lord, those women who are considering ending their children's lives, the elderly, infirm, the vulnerable who are mistakenly choosing death. Lead them out of their confusion. Assist them in their time of doubt. Overpower the evil influences that beckon to them. May the beating human heart, deep within persuade them to accept the challenge and gift of life, as given by God. Blessed are You, O Lord, the One Who creates life, sustains life, and redeems life. Amen.